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PREPARING FOR AN EMERGENCY: THE SMART THING TO DO



Why Prepare?

If you think about it, you take precautions every day, not just when a snowstorm is coming. For instance, you wear your seat belt in the car just in case you are in an accident. You make your children wear helmets when they ride their bicycles. You double check your iron to make sure it is unplugged.

Preparing for emergencies is not new. Your grandparents probably had extra supplies in their home: soap and shampoo in bathroom closets, onions and potatoes stored in the basement, and canned goods on pantry shelves. They understood the value and wisdom of having a little extra on hand for emergencies.

All states have disasters, even New Hampshire. We have ice storms, tornadoes, floods, and power outages. It is smart to prepare for the unexpected.

This brochure can help you to plan to keep your family safe in an emergency. It will help you to:

- Make an emergency kit
- Make a family communications plan
- Make a family evacuation plan
- Make a plan for people with in-home care needs



